

First Sunday of Lent – February 22, 2026

Opening:

Lord, Who throughout These Forty Days



1. Lord, who through - out these for - ty days For
2. As you with Sa - tan did con - tend And
3. As you did hun - ger and did thirst, So
4. And through these days of pen - i - tence, And
5. A - bide with us that, when this life Of



us did fast and pray, Teach us to o - ver -
did the vic - t'ry win, O give us strength in
teach us, gra - cious Lord, To die to self, and
through your Pas - sion - tide, For ev - er - more, in
suf - fer - ing is past, An East - er of un -



come our sins, And close by you to stay.
you to fight, In you to con - quer sin.
on - ly live By your most ho - ly word.
life and death, O Lord, with us a - bide.
end - ing joy We may at - tain at last!

Text: Claudia F. Hernaman, 1838–1898, alt.
Tune: ST. FLAVIAN, CM; *John's Day Psalter*, 1562; harm. based on the original *faux-bourdon* setting

Psalm:



Be mer - ci - ful, O Lord, for we have sinned.

Text: *The Revised Grail Psalms*, © 2010, Conception Abbey and The Grail, admin. by GIA Publications, Inc.;
refrain tr. © 1969, ICEL
Music: Michel Guimont, © 1994, GIA Publications, Inc.

Preparation:

Return to God

Refrain

Re - turn to God with all your heart, the source of grace and
mer - cy; come seek the ten - der faith-ful-ness of God.

Verse 1

1. Now the time of grace has come, the day of sal -
va - tion; come and learn now the way of our God.

D.C.

Verse 2

2. I will take your heart of stone and place a heart with -
in you, a heart of com - pas - sion and love.

D.C.

Text: Marty Haugen, b.1950
Tune: Marty Haugen, b.1950
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Communion:

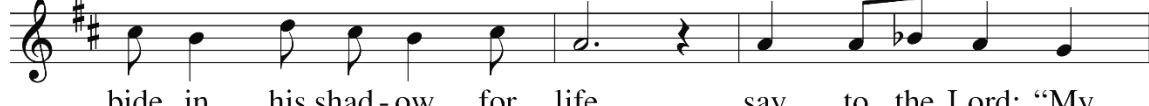
On Eagle's Wings

Verse 1

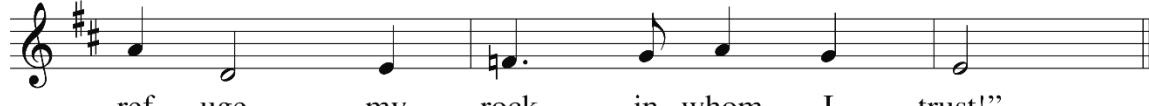
1. You who dwell in the shel - ter of the Lord, who a -



bide in his shad - ow for life, say to the Lord: "My



ref - uge, my rock in whom I trust!"



¶ Refrain

And he will raise you up on ea - gle's wings, bear you on the



breath of dawn, make you to shine like the sun, and



hold you in the palm of his hand. *Last time to Coda* ♫ *To verses*



2. The

Verse 2

snare of the fowl - er will nev - er cap - ture you, and



fam - ine will bring you no fear: *3* un - der his wings your



ref - uge, his faith - ful - ness your shield. *D.S.*



Verse 3

3. You need not fear the ter - ror of the night, nor the

D.S.

Verse 4

4. For to his an - gels he's giv - en a com - mand to

D.S.

⊕ Coda

And hold you, hold you in the palm of his hand.

Text: Psalm 91; Michael Joncas, b.1951
 Tune: Michael Joncas, b.1951
 © 1979, OCP Publications

Closing:

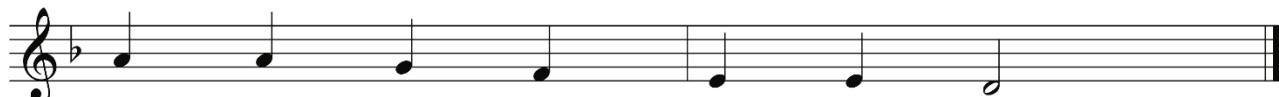
Forty Days and Forty Nights



1. For - ty days and for - ty nights You were fast - ing
2. Shall not we your sor - row share And from world - ly
3. Then, if Sa - tan on us press, Flesh or spir - it
4. So shall we have peace di - vine; Ho - lier glad - ness
5. Keep, O keep us, Sav - ior dear, Ev - er con - stant



in the wild; For - ty days and for - ty nights
joys ab - stain, Fast - ing with un - ceas - ing prayer,
to as - sail, Vic - tor in the wil - der - ness,
ours shall be. 'Round us, too, shall an - gels shine,
by your side, That with you we may ap - pear



Tempt - ed, and yet un - de - filed.
Strong with you to suf - fer pain?
Grant we may not faint nor fail!
Such as served you faith - ful - ly.
At the - ter - nal East - er - tide.

Text: George H. Smyttan, 1822–1870, alt.

Tune: HEINLEIN, 7 7 7 7; attr. to Martin Herbst, 1654–1681, *Nürnbergisches Gesangbuch*, 1676

St. Thomas More Church

Munster, Indiana

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